

CERTIFICATE

OF PARTICIPATION

This is to certify that

Theresa Ashdown

Has successfully participated & completed the

5km Eastern Nights Trail Run #6

held at Benoni Country Club.

TIME 00:35:11

PACE 07:01/km

OVERALL 35 of 131

GENDER 8 of 75

OVER 40 4 of 34

12 December 2019, Thu

Date



BoutTime

Signature